

HEALTH AND WELLNESS

Convention 2021

Bulletin 2



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Position: Chairman

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Carole Tate – co-chair

Lauren Yeater – Junior Chair

Health and Wellness - it is working for you and me.

Goodbye Covid - just let us all be!!

We are concentrating on good **Nutrition** and **Disease Prevention**.

Emotional and Physical Care is our other section.

There are so many projects we can do to help others,

Like March of Dimes for young babies and even their mothers.

Camp Boggy Creek and Give Kids the World - yea!

Order things on Amazon they need to help children play.

Let us not forget Special Olympics and Easter Seals -

Their main focuses are really very big deals!!

And St. Jude's Amazon wish list will go right to Tennessee.

It certainly cannot get any easier for you and me!

Having read all your reports, it is obvious you all care!!

You spread information and did projects everywhere!

We read about food collections and making so many masks

And there were other really helpful, worthwhile tasks!!

Juniorettes, Juniors and Generals all working together -

There were not any obstacles we could not weather!!

You cooked, you sewed - the virus did not stop our members' spirit.

Give up volunteering? We would not hear it!!

You shared brochures on nutrition, health, and emotional care -

GFWC Florida was active everywhere!!

As your club progresses and we get busier in our year,

Please know your Health and Wellness Committee is very nearby.

You can email, text, or even call us on the phone -

With social media you are never alone.

We will try to answer your questions - even meet via Zoom

And chat with all the members you have in your club room.

Share with us your ideas and any new projects.

We will tell the others - that is one of our objects.

Hope to see you in May at Spring Convention

Where so many of your ideas will get special attention.

Thank you for all your hard work and the things that you do!!

We tip our hats off to all of you!!