

**Home Life Collaboration**  
Convention 2011  
Bulletin #2



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**“Educate ourselves, inform others, and create change for our health, our financial security and our community”**

Congratulations GFWC Florida Federation clubs on your outstanding work reported to this Home Life Collaboration CSP Chairman. One hundred fourteen (114) clubs, representing 6,153 club members, reported 1,558 projects, volunteering 123,990 hours, donating \$146,868 and \$369,780 “in-kind” donations.

Heart disease is the #1 killer of women. Thirty one (31) clubs had programs on heart health and risk factors for heart disease. Members wore red and “little red dress” pins as a reminder to maintain a heart-healthy lifestyle. Clubs distributed brochures on heart health, donated to the American Heart Association and spent 2,835 hours making pillows for surgery patients. **GFWC North Pinellas** focused on risk factors throughout the year addressing smoking, blood pressure, cholesterol and stress management.

Breast cancer has touched the lives of many members and they are fighting back with emphasis on early detection and treatment. Sixty five (65) clubs had programs on mammograms/breast cancer. **GFWC Coral Springs WC** distributed brochures on mammograms, in both English and Spanish, through their regional library. The “Artful Bra” project has added great excitement in our efforts to raise funds for cancer research, with 16 clubs reporting 489 hours crafting these unique bras. **GFWC Panama City** enlisted local dignitaries as models at their Cancer Awareness Fashion Show; the sheriff sported a handcuffs/badge/gun bra; the local bank president had money-filled cups. Five (5) clubs “clicked” on the Dollars for Mammograms program to help pay for mammograms for needy women.

Six (6) clubs hosted Health fairs for their communities. Clubs reported on a host of health concerns. **GFWC Crystal River** had a program on Mersa, **GFWC Gulf Coast** learned about brain injuries, sleep disorders and aging; and **GFWC Sun City Center** participated in a shingles research project at the local VA hospital. Three (3) clubs held blood drives and four (4) clubs had programs on organ donations, enlisting members to be organ donors.

You, my awesome Florida Federation friends, are among the most generous of women, working tirelessly to raise funds for a myriad of health concerns and human needs. **GFWC Gulf Coast** is but one example of a club dedicated to raising awareness and money for causes, sponsoring three walks: Heart Walk, Arthritis Walk and Cancer Walk ; and participated in a 3-day Breast Cancer Walk. Eight clubs volunteered 5,221 hours as hospital volunteers and sixteen (16) clubs spent 4,520 hours visiting nursing homes. Local food pantries are kept supplied with your donations of goods and money. **GFWC WC of Ocala** and **GFWC Greater Ocala** contribute food and money to a unique program, which supplies needy children with backpacks stuffed with food for weekends and summer break when school breakfasts and lunches are not available.

And then we addressed our personal finances and our physical fitness and our.....  
*LADIES, YOU DESERVE A “BRAKE”!! See you in Orlando on April 30<sup>th</sup>, 11:15a.m at our Women’s Health Workshop and Sunday, May 1<sup>st</sup> at our mini-workshop.*

